

The 6th Sunday of Easter ~ Sunday, May 1, 2016

“Living the Resurrection Life: A Life of Faith”

Mark 6:45-62

Internal fears are the _____–rational or irrational–that we have within ourselves.

Fear can _____ us and keep us from living our lives to the fullest; it can steal our _____ and rob our _____.

3 RESPONSES TO FEAR

- _____.
- _____.
- _____.

God wants us to let go and _____ Him.

“Do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand.” (Isaiah 41:10)

“I cried out to the Lord in my suffering and he heard me and set me free from all my fears.” (Psalm 34:6)

The reality is, when fear controls our life–it can feel like we’re _____.

“Save me, O God, for the flood waters are up to my neck. Deeper and deeper I sink into the mire; I can’t find a foothold. I am in deep water, and the floods overwhelm me...” (Psalm 69:1)

“I waited patiently for the Lord to help me, and he turned to me and heard my cry. He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along. He has given me a new song to sing, a hymn of praise to our God...” (Psalm 40:1-3)

The best thing we can do when we’re afraid–when we’re overwhelmed by the storms of life and feel like we’re sinking–is to have _____–to wait patiently for God and _____ that He will lift us up and set us on solid ground.

“Late that night, the disciples were in their boat in the middle of the lake, and Jesus was alone on land. He saw that they were in serious trouble, rowing hard and struggling against the wind and waves...” (Mark 6:45)

5 SIGNS OF FEAR THAT CAN HELP US KNOW WE’RE SINKING

Sign #1. We can’t _____ our way.

“By now it was dark.” (John 16:17a)

We’re sinking when we can’t see; when we lack _____ or vision; when we’re lost, _____, or don’t know which way to turn, or the way forward.

Sign #2. We feel _____.

“Jesus had not yet joined them.” (John 6:17b)

Sometimes when we’re afraid, we can feel like there’s no one we can _____ on or look to for help.

Sign #3. We’re outside our _____.

“...the boat was in the middle of the lake.” (Mark 6:47)

We can experience that _____ feeling when we find ourselves in deep water, outside of our comfort zone.

Sign #4. Strong _____ are against us.

“The wind was against them.” (Mark 6:48)

“The waters grew rough” (John 6:18)

rough = megas =

We can feel like we’re sinking when we’re hit by the _____ storms of life.

Sign #5. We’re _____ and _____.

“...they were in serious trouble, rowing hard and struggling against the wind and waves.” (Mark 6:48)

We struggle so hard; we spend so much time and energy; yet we still _____.

Instead of asking what God wants us to do when we experience these 5 things, a more important question is: _____?

HAVING FAITH IN THE MIDST OF FEAR

#1. When the storms of life rage against us and we’re afraid, we can have faith because Jesus is already _____ for us.

Sometimes the storms of life are _____ of our own bad decisions.

Other times, the storm comes out of _____–even when we’ve done all the right things. Why? Because so much of life is beyond our _____.

We also need to accept that our ways are not _____ ways—and there are some storms that come into our life that we'll never _____.

When we're caught in a storm, we can spend all our time and energy trying to understand or we can remember that God is _____.

“After saying goodbye to them, he went up a mountain to pray.” (Mark 6:46)

“But I have prayed for you, Simon, that your faith will not fail. So when you recover, strengthen the other disciples.” (Luke 22:32)

Jesus knows our storms long before they hit and He knows our fears—and He's already _____ in the face of that fear, that we'd have the faith to endure.

“Therefore he is able, once and forever, to save those who come to God through him. He lives forever to intercede with God on their behalf.” (Hebrews 7:25)

“Who condemns us? Not Jesus Christ, who died and then was raised back to life and is now at the right side of God interceding for us!” (Romans 8:34)

#2. When the storms of life rage against us and we're afraid, we can have faith because Jesus sees our _____.

“Jesus saw the disciples straining at the oars.” (Mark 6:48)

When we're struggling through a storm, our fear can blind us to God's _____ and we can think that He doesn't care. However, nothing escapes God's attention.

“He sees everything I do and counts every step I take.” (Job 31:4)
Not only does Jesus know when we're in the midst of storm, He also _____ with us.

“Jesus is able to sympathize with our weaknesses. He was tempted in every way that we are, but he didn't sin.” (Hebrews 4:15)

“O Lord, you have examined my heart and know everything about me. You know when I sit down or stand up. You know my thoughts even when I'm far away. You see me when I travel and when I rest at home. You know everything I do. You know what I am going to say even before I say it, Lord. You go before me and follow me. You place your hand of blessing on my head.” (Psalm 139:1-5)

#3. When the storms of life rage against us and we're afraid, we can have faith because Jesus comes to us in our moment of _____.

“About three o'clock in the morning Jesus came toward them, walking on the water.” (Mark 6:48)

We don't need advice when we're afraid or in a storm, we need a _____.
We need _____.

Jesus often comes to us walking on the very thing we're _____ of, because He's infinitely _____ than the wind and the waves—than any storm that can come into our lives.

Whatever is over our heads is _____ Jesus' feet—nothing is impossible for Him!

“I will not abandon you or leave you as orphans in the storm. I will come to you.” (John 14:18)

#4. When the storms of life rage against us and we're afraid, we can have faith because Jesus shows us that He is more than _____.

“When the disciples saw him walking on the lake, they were terrified. ‘It's a ghost,’ they cried out in fear. But Jesus immediately said, ‘Take courage. It is I. Don't be afraid.’” (Mark 6:49-50)

3 THINGS JESUS GIVES THE DISCIPLES

- _____ “Take courage.”
- _____ “Don't be afraid.”
- _____ “It is I.”

ego ema =

By claiming this title for Himself, Jesus is _____ who He truly is. He is claiming to be far more than just a wise prophet or good moral teacher—He's claiming to be the _____.

“Then he got into the boat with them and the wind ceased...” (Mark 6:51)

Jesus' very _____ with the disciples _____ the wind and the waves, and He is more than able to calm the storms in our life.

“We look at this Son and see the God who cannot be seen...For everything, absolutely everything, above and below, visible and invisible, rank after rank after rank of angels—everything got started in him and finds its purpose in him. He was there before any of it came into existence and he holds it all together right up to this moment.” (Colossians 1:15-17)